

Medications & Supplements to Consider Avoiding

A Different Kind of Excellence

Disclaimer

Many plastic surgeons recommend avoiding the following medications and herbal supplements two weeks prior to and two weeks following cosmetic surgery. If you are my patient and taking one of these medications/supplements please discuss it with Dr. Weinfeld or his staff well in advance of surgery. If you are not one of my patients, this list is provided for general information purpose and does not constitute direct medical advice.

Rationale

The medications and supplements on this list may affect the body in ways that lead to more bruising, swelling, or slower wound healing.

List

Aches-N-Pains, Actifed, Acuprin, Addaprin, Adprin – B Tablets, Adult Analgesic Pain Relievers, Advil, AK Spore – HC, Alka Seltzer, All Arthritis Medicines, Allergy Relief Medicines (A.R.M.), Alpha Omega (fish oil), Aluprin, Aleve, Amigesic Capsules, Amitriptyline, Anacin, Anacin Arthritis/P, Ansaid Tablets (generic brand of Ansaid is Flurbiprofen), Anodynos Tablets, Analval, Anaprox, Anaprox-DS, Anaproxen, Anaproxen Anodynos, Ansaid, APAC Improved, APC, Argesic Tablets, Arthra-G, Arthralgen Tablets, Arthritis Pain Formula, Arthritis Strength Bufferin, Arthropan, Arthropan Liquid, As-caff, Ascodeen, Ascriptin, Ascriptin AID tablets, Ascriptin with Codeine Tablets, ALL ASCRIPTIN PRODUCTS, Aspir-lox, Asperi-mox, Aspirbuf, Aspercin, Aspergum, Aspirin (of any kind), Aspirin Suppositories, Aspirin with Codeine, ASpirTab, Asprimox Tablets, Asproject, A.S.A. Tablets, A.S.A. Enseals, Axotal, Azdone Tablets B-A-C Tablets, Bayer Aspirin, Bayer Children's Aspirin Tablets, Bayer Children's Cold Tablets, Bayer Timed-Release Aspirin Tablets, Bayer Select Pain Formula, BC Powder/Tablets, Bilberry Tablets, Brufen, Buf Tab, Buff-A-Comp, Buff-A Comp No.3 Tablets with codeine, Buffaprin, Buffasal, Bufferin, Bufferin 37%, Bufferin Arth, Bufferin X/S Butalbit, Buffets II, Buffex, Buffinol, Buroption, Buroption HCL, Butazolidin
C-Advil Cama, Cama Arthritis Pain Reliever, Cama Inlay Tabs, CataFlam Tablets, Carisoprodol Compound Tablets, Cayenne, Cephalgesic, Cheracol Tablets, Children's

Advil Suspension, Children's Aspirin, Children's Motrin Suspension, Chromium, Chromium Picolinate, Claritin, Clinoril, Concerta (for ADD/ADHD), Congespirin, Contac, Cope, Coricidin Tablets, Coricidin "D" Decongestant Tablets, Coricidin, Coricidin Demilets Tablets for Children, Coricidin Mediets Tablets for Children, Coumadin
Damason-P, Darvon, Darvon with ASA, Darvon Compound, Darvon Compound-65, Darvon w/Aspirin, Darvon-N with Aspirin, Dasin, Dipryridamole, Disalcid, Diurex, Doan's, Dolc, Dolobid, Dolphirn #3 Tablets, Drinopehn, Dristan, Dristan Sinus, Duoprin-S Syrup, Duradyne Tablets
Vitamin E, E-aspirin, Easprin EC, Echinacea, Ecolrin, Ecotrin Tablets, EFFEXOR® XR, Elavil, Emagrin, Empirin, Empirin with Codeine, Emprazil, Endodan Tablets, Epromate Tablets, Equagesic, Equazine-M, Excedrin, EFFEXOR® XR (venlafaxine HCl)
Extended-Release, ExPrazi
Feldene, Fenoprofen Tablets, Feverfew, Fiogestic Tablets, Fioricett, Fiorinal, Fiorinal with Codeine, Florgen PF, Fluoxetine, Flurbiprofen Tablets, 4 Way Cold Tablets
garlic (allium sativum) tabs & do not eat garlic excessively (some say not at all – but if you accidentally get some or have a little garlic toast, I am sure it's okay, it's more for garlic tablets), Genaced, Genacote, Gelpirin Tablets, Genprin, Gensan, Ghemnisym, Gingko, Ginkgo Biloba, Gennin, Ginger, Gingko, Ginkobiloba, GNP aspirin, Goody's Headache Powder, Goody-s Extra Strength Halfprin Tablets, Haltran, Heparin, Hydroxycut
IBU, IBU-Tab, Ibuprofen, Ibuprin, Ibuprohm, Indocin, Indochron E-R Capsules , Indomethacin Capsules, Indomethacin Suspension, Infantol Pill, Isollyl Improved Tablets & Capsules, Ketoprofen Capsules Lanorinal, Licorice Root, Lodine, Lortab ASA
MAO inhibitors, Magan, Magnaprin, Magnasprin, Magsal, Marnal, Marthritic Tablets, Maximum Bayer Aspirin, Measurin, Meclomen, MecloFenamate Capsules, Medigistic-Plus, Medipren, Meditren, Melatonin, Menadol, Meprogesic Q, Micraninin, Midol/Midol 200, Midol Original, Midol PMS, Mobidin, Moblgesic, Momentum Back Ache Formula, Monogesic, Motrin, Motrin IB, Multi-Vitamin
Nalfon, Nardil, Nardilzine, Naprosyn, Neomycin, Neogesic, Norgesic, Norgesic Forte, Norwich Extra Strength Aspirin, Nov-naproxen, Nuprin, NyQuil/NyQuil P.M.
Orphenagesic, Orphenagesic Forte, Orudis, Oruvail Capsules, Oxycodone, Oxycodone P-A-C, Pabalate-SF, Pabrin, Pacaps, Pain Reliever Tablets, Pamprin-IB, Panalgesic, Panodynes, Papaya, PediaProfen, Pedrazil, Percodan, Percodan Demi Tabs, Persantin, Persisrin, Persistin, PetoBismol, Phenaphen, Phenetron Compound, Piroxicam Capsules, Polymyxin, Ponstel Capsules, Presalin, Propoxyphene Compound, Propoxyphene Napsylate with Aspirin, Prozac
Quagesic, Quiet World Analgesic (sleeping aid), Quinine
Relafen Tablets, Rexolate, Rhinex, Robaxin, Robasisal, Roxiprin Tablets, Rufin, Robaxisal, S-A-C, Salabuff, Salatin. Saletto, Saletto 200, Saletto-400,600,800 Tablets, Salflex, Salicylamide, Salocol, Salsalate, Salsitab, Serzone, Sign Off Sinus Tablets, Sine Aid, Sine Off, SK-65 Compound Capsules, Soma Compound, Soma Compound with Codeine, St. Joh'ns Wort, St. Josephs Aspirin, St. Joseph Cold Tablets (for children), Stanback Analgesic, StanSudafed, Sulindac Tablets, Supac, Synalogs Capsules, Synalogs-DC Capsules
Talwin Compound, Tenol-Plus, Tolectin 200,600 Tablets, Tolectin DS Capsules, Tolmetin Tablets/Capsules, Toradol Injection/Tablets, Tr-Pain Tablets, Trilisate Tablets and Liquid, Trendar, Trental, Triaminicin Tablets, Tricosal tablets, Tri-Pain, Trigestic,

Trilisate, Tusal

Ultrapin, Unipro, Ursinos Inlay Tablets

Valesin, Valtrex, Vanquish, Verin, Viro-Med Tablets, Vivarin

Warafin (Coumadin), Wellbutrin, Wesprin Buffered

Yohimbe Zactrin, (Zoloft has anti-coagulant properties so just advise your anesthesiologist if you take it) Zorprin, Zyban